



## BRIDGE TO BELONGING

At Carillon at Belleview Station, the Bridge to Belonging program provides residents experiencing mild cognitive impairment an opportunity to reengage in life through a structured daily program.

Our program is designed to specifically address the needs and abilities of our residents who participate.

### Program Details:

- Members of the program maintain their current residence.
- Small group events are planned from morning to evening.
- Personalized approach to care through communication with the multidisciplinary team.
- Dedicated Bridge Coordinators who really get to know each person, uncovering what best motivates them to engage.
- Evolving program based on the individual members' interests and abilities.
- Dedicated Bridge to Belonging community room with hydration stations and snacks.
- Weekly updates and communication to families through the ALIS Connect Center.
- Continued engagement within the community including special events, performances, and outings.
- Structured enrichment activities available 7 days a week.



### A Day In The Life:

A sample day in the life of a Bridge to Belonging member:

- 9:00am** Morning Chat, Coffee or Tea, News of the Day
- 10:00am** Daily Stretch
- 11:00am** Classical Music Lecture
- 12:00pm** Lunch and Down Time
- 1:00pm** Meditation and Music
- 2:00pm** Virtual Trip to Italy
- 3:00pm** Invention Innovation
- 4:00pm** Culture Craft
- 4:30pm** Walk Home



[carillonatbelleviewstation.com](http://carillonatbelleviewstation.com)



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